

Lore Wainwright

Biography

Social Innovation

Lore Wainwright sees the impact of social innovation daily in her role as Director of London's only co-working space intentionally designed for social innovators – Innovation Works, which is owned and operated by Pillar Nonprofit Network. In her former role coaching social enterprises, she advised clients from idea to growth stages of their business. Now, running this social enterprise is a natural fit for Lore, encouraging co-tenants to connect, spark ideas and drive change into the world. She leads all communications activities for Innovations Work, delivering successful social media campaigns and events and delivering significant positive results in public relations, event planning and tenant engagement.



Communication

Lore brings over 25 years of experience from the telecommunications industry at Bell as a business analyst, project manager and people change management specialist leading many national business initiatives. Her last five years at Bell were in corporate communications leading internal communications for the Bell Let's Talk campaign. This, along with her experience as an entrepreneur lends to the knowledge she brings to others.

Fitness, Yoga

For over 20 years, Lore has been a fitness instructor with GoodLife Fitness, helping individuals achieve their goals. More than that, a class with Lore is a party! Build friendships that are caring and motivating. She teaches Spinning, Body Pump and Yoga.

Trained in anasura-based yoga, practicing with Lore will give you knowledge – both how the body responds to asanas (poses) or how your heart and soul might settle. Her yoga classes weave a different theme and coincide with movements to connect with thought-provoking, heart-filled messages. Lore runs programs (like her Chakra series) and offers a variety of retreats that are often combined with exceptional speakers and workshops.

Community

Passionate about getting involved, sharing her knowledge and making a difference in the lives of others, Lore delved deeply in her role as Program Manager of ONERUN, a third party charitable organization focusing on breast cancer patient care that has raised over \$749,000 over a four year campaign. Here, she led a core team, along with over 100 volunteers to execute one of London's top news stories each year running. Now, ONERUN has run into the legacy of youth, where it has evolved to be a part of schools across London every year.

Lore's inspiring and engaging communications skills are evident in her engaging delivery style. Lore holds a Bachelor's Degree in Sociology and has had extensive training in business and communications skills.